



Pasta with tomato and garlic

EN Ingredients: Pasta 55 % (durum wheat flour, salt), vegetables (tomato 21 %, onion, carrot, parsnip), palm fat, sugar, salt, flavouring, maltodextrin, parsley, spices, jalapeño.

Category: Dry meal

Preparation:

- 1 Tear off the top and fold out the bottom
- 2 Add 400 ml of boiling water (level G)
- 3 Stir well
- 4 Re-seal, wait 10 mins

Add more water if required.

Can be prepared using cold water, extend the time to > 30 mins

Content: 149 g

Shelf life: 36 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g (dry product)	Per Pouch (prepared)
Energy (kJ)	1772 kJ	2640 kJ
Energy (kcal)	423 kcal	631 kcal
Fat	16 g	24 g
of which saturated fat	10 g	15 g
Carbohydrate	58 g	87 g
of which sugars	13 g	19 g
Fiber	3,5 g	5,2 g
Protein	9,9 g	15 g
Salt	3,1 g	4,6 g



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