



Skinnarmos Pasta Carbonara

EN Ingredients: Pasta 41 % (durum **wheat** flour, salt), flavouring (contains **milk**), **cheese** powder, modified potato starch, beef 9,3 %, **cream** powder, palm fat, sugar, maltodextrin, whey powder (from **milk**), parsley, turmeric, rice flour, smoke flavouring.

Category: Dry meal

Preparation:

- 1 Tear off the top and fold out the bottom
- 2 Add 400 ml of boiling water (level G)
- 3 Stir
- 4 Re-seal, wait 10 mins

Add more water if required.

Can be prepared using cold water, extend the time to > 30 mins

Content: 143 g

Shelf life: 36 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g (dry product)	Per Pouch (prepared)
Energy (kJ)	1807 kJ	2583 kJ
Energy (kcal)	431 kcal	617 kcal
Fat	17 g	24 g
of which saturated fat	10 g	14 g
Carbohydrate	51 g	73 g
of which sugars	6,7 g	9,6 g
Fiber	1,2 g	1,6 g
Protein	19 g	27 g
Salt	5,5 g	7,9 g



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