



Taco Stew

EN Ingredients: Potato 26 %, tomato, palm fat, red pepper, beef 6.3 %, **crème fraiche**, onion, sweetcorn, red pepper powder, modified potato starch, salt, garlic, chilli, **skimmed milk powder**, cumin, oregano, **milk protein**.

Category: Dry meal

Preparation:

- 1 Tear off the top and fold out the bottom
- 2 Add 400 ml of boiling water (level H)
- 3 Stir
- 4 Re-seal, wait 10 mins

Add more water if required.

Can be prepared using cold water, extend the time to > 30 mins

Content: 143 g

Shelf life: 36 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g (dry product)	Per Pouch (prepared)
Energy (kJ)	1881 kJ	2690 kJ
Energy (kcal)	449 kcal	643 kcal
Fat	21 g	30 g
of which saturated fat	9,4 g	13 g
Carbohydrate	47 g	67 g
of which sugars	13 g	19 g
Fiber	12 g	17 g
Protein	14 g	19 g
Salt	3 g	4,3 g



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Consumer contact Phone +46 (0)20-94 00 94